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FOR IMMEDIATE RELEASE  
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### **Springdale Preparatory School Names Thomas Marechek Physical Education Facilitator**

(NEW WINDSOR, MD) – Springdale Preparatory School, an independent boarding and day school in New Windsor, Carroll County, Maryland, has named Thomas Marechek as Physical Education Facilitator. He will also assume the role of Head Boys' and Girls' Varsity Lacrosse Coach beginning the upcoming 2018-19 academic year.

Marechek earned a Bachelor of Arts degree in political science/secondary education from Syracuse University. He is an experienced physical education teacher and administrator, having supervised and coordinated athletic programs for professional sports clubs, private schools and summer sports camps including programs at Friends School of Baltimore, Glenelg Country School in Ellicott City, Maryland, and All Pro Lacrosse.

Marechek also has an extensive professional and collegiate lacrosse background. He is a member of the Baltimore, National and Canadian National Lacrosse Halls of Fame, a four-time NCAA All-American with Syracuse University and winner of 11 National Championships (collegiate and professional). His jersey (#42) was retired from the Philadelphia Wings National Lacrosse League franchise after being named All Pro for nine seasons. He also played for the Baltimore Bayhawks (four-time All Pro), Team Toyota of the United States Club Lacrosse Association (six-time All Club) and the All World Team. Following his playing career, he has coached collegiate and high school athletes during competitions and training programs.

"Tom is an experienced athletic administrator, having served championship athletic programs on the private, collegiate and professional levels," says Johnny Graham, Springdale Preparatory School's founding head of school. "He brings a stellar record as a NCAA and professional lacrosse coach and I am certain he will lead the development of a strong lacrosse program at Springdale Preparatory School."

### **About Springdale Preparatory School**

Springdale Preparatory School is a co-educational, independent boarding and day school located on 21 acres in northern Maryland's rolling countryside. A college preparatory school with a diverse student population from Maryland counties, other states across the country and all over the world, Springdale Prep offers rigorous academics while equipping all learners with the tools needed to meet all of life's challenges. Springdale prepares students for enduring success beginning with a foundation of respect for other students, faculty and the world around them. Students develop strong relationships with each other and with faculty, who help to shape them to become tomorrow's leaders. Whether in the classroom, in the dormitory, or on the athletic fields, students experience learning through innovation and develop the skills needed to embrace lifelong learning and make a difference. For more about Springdale and its rolling admissions, visit <https://springdaleps.org>.

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