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Philadelphia Wings Honor Springdale Preparatory School Lacrosse Coach

(Philadelphia, PA) – Springdale Preparatory School head lacrosse coach Tom Marechek was celebrated during a ceremony at the home opener of the Philadelphia Wings, the newest expansion team in the National Lacrosse League. Marechek and two other former Philadelphia Wing teammates watched as their jerseys and another commemorating the Wings' championships in 1989, 1990, 1994, 1995, 1998 and 2001 were raised to the rafters of the Wells Fargo Center last Saturday, December 15, 2018. The team returned to Philadelphia for the first time since the 2014 season.

Marechek has an extensive professional and collegiate lacrosse background. He is a member of the Baltimore, National and Canadian National Lacrosse Halls of Fame, a four-time NCAA All-American with Syracuse University and winner of 11 National Championships (collegiate and professional). He was named All Pro for nine seasons. He also played for the Baltimore Bayhawks (four-time All Pro), Team Toyota of the United States Club Lacrosse Association (six-time All Club) and the All World Team. Following his playing career, he has coached collegiate and high school athletes during competitions and training programs.

Marechek is working to assemble the inaugural Springdale Lions lacrosse program boys' and girls' teams for the 2019 season. He also serves as physical education facilitator for Springdale Preparatory School, the independent boarding and day school in New Windsor, Carroll County, Maryland. Marechek earned a Bachelor of Arts degree in political science/secondary education from Syracuse University. He is an experienced physical education teacher and administrator, having supervised and coordinated athletic programs for professional sports clubs, private schools and summer sports camps including programs at Friends School of Baltimore, Glenelg Country School in Ellicott City, Maryland, and All Pro Lacrosse.

To inquire about the lacrosse program, contact Tom Marechek at tom.marechek@springdaleps.org or call Springdale Preparatory School at 855-405-8600.

About Springdale Preparatory School

Springdale Preparatory School is a co-educational, independent boarding and day school located on 51 acres in northern Maryland's rolling countryside. A college preparatory school with a diverse student population, Springdale Prep offers rigorous academics while equipping all learners with the tools needed to meet life's challenges. Springdale prepares students for enduring success beginning with a foundation of respect for other students, faculty, and the world around them. Students develop strong relationships with each other and with faculty, who help to shape them to become tomorrow's leaders. Whether in the classroom, in the dormitory, or on the athletic fields, students experience learning through innovation and develop the skills needed to embrace lifelong learning and make a difference. Springdale admits students on a rolling basis. For more, visit <http://springdaleps.org>.